



OVERVIEW:

Membership Guidelines Changes
Effective September 1st, 2020

Sedera Medical Cost Sharing Community



Overview of Membership Guidelines Changes

Updates to the following areas of sharing will be reflected in the next version of the Membership Guidelines effective September, 1st, 2020.

- Expert Second Opinions ("ESO")
- Adoptions
- Allergies
- Sleep Apnea
- Synagis
- Maternity

Membership Guidelines Changes Overview:

Expert Second Opinions (“ESO”) (currently provided by 2nd.MD)

In regard to the required ESO for elective surgery, we are requesting that these consults be submitted at least 7 days before the scheduled surgery.

We have removed the ESO consult requirement for MOHS Surgery, Glaucoma Surgery, and Cataract Surgery.

We have added commentary that there may be times that Sedera asks a Member to get an ESO to help determine the application of the Guidelines to a specific case.

Adoptions

We are now asking that Members add adopted children within 30 days of being adopted and submit proof of adoption. Details can be found in Section 2.G.

Allergies

At the urging of Members, we have added specific language addressing allergic reactions to Section 7.A.1, Chronic or recurrent conditions existing prior to membership.

We have also added a new section, 8.B.2 Allergy/Allergies, that provides details around how Allergies are shared by the community. It states that allergies are generally shareable. However, some special considerations are noted including:

Acute Allergic Reactions: Treatment for acute allergic reactions are shareable unless subject to pre-existing condition limitations (See section 7). Each discrete episode of an acute allergic reaction is considered a separate Need with its own IUA applied before sharing.

Membership Guidelines Changes Overview:

Allergy Diagnostic Testing is shareable after IUA only if ordered by a physician who is trained adequately to understand and interpret the ordered testing (usually this means allergists). Such testing will not be shareable if ordered by alternative/functional/integrative medicine practitioners.

Allergen Immunotherapy for allergic disease:

- Injected or oral/sublingual immunotherapy for food allergies (including peanut (Palforzia)) is not shareable.
- Injected or oral/sublingual immunotherapy for inhalant allergies is partially shareable (50%), after IUA, after ESO consultation, when overseen or ordered by physicians who are trained adequately to provide these therapies and who are not alternative/ functional/ integrative practitioners. (Injectable Epinephrine is addressed in section 8.B.19.).

8.B.19 Injectable Epinephrine is also new. It states: Injectable Epinephrine kept on hand for acute treatment of allergic reactions is considered by Sedera to be a maintenance medication and therefore is not shareable after the first prescription, except that replacement epinephrine injectors will be shared up to a maximum of \$200 after IUA when previous supply was used during a recent allergic reaction. Please note that most generic two-packs can be found for less than your IUA and less than \$200. Sedera Member Services can help you find reduced prices for most medications.

Sleep Apnea

We have clarified our practice of sharing for Sleep Apnea with the addition of 8.B.20 INSPIRE Sleep Apnea Surgery. Sharing in INSPIRE surgical treatment for sleep apnea is available only if standard and specific clinical criteria are met. Requests for partial Sharing must be approved by the CSB in advance of the procedure.

Membership Guidelines Changes Overview:

Synagis

8.B.40, SYNAGIS is a newly added item. SYNAGIS is a prescription medication that is used to help prevent a serious lung disease caused by respiratory syncytial virus (RSV) in certain children with specific diseases. Synagis is shareable if prescribed and provided in accordance with the most recent clinical guidelines for its use as established by the American Academy of Pediatrics.

Maternity

Section 9.C.9 Breast Pumps was added to clarify sharing practices related to Breast Pumps. Medically necessary breast pumps are shareable with the Sedera Medical Cost Sharing Community up to \$200 for one breast pump per household when it is not covered under a MEC or other applicable plan or program.