Here is a sample method to query the status of a member.

Create a GET request of the form:

"/query/?q=SELECT+ values + "+FROM+Account+WHERE+Account_id__c+%3D+'''"

Here 'values' are basically a comma separated list of the fields like: Membership_Stage__c, Subscription_Status__c

Following is an example to find the account is active or not based on the accountld and the memberld

"/query/?q=SELECT+Account_ID__c,First_Name__c,Last_Name__c,Primary_Phone_Number__c,Member_ID__c,Subscription_Status__c+FROM+Account+WHERE+Account_ID__c+%3D+'00N1N00000PXCON'+AND+Member_ID__c+%3D+'00No0000009a9ft'+AND+Subscription_Status__c+%3D+Active"

Here we are checking these conditions
1. Accountld is correct
2. Memberld is correct
3. Subscription_Status__c is Active

If the above condition is met, we will have the first name, last name and mobile number of that member. If we need any other information, we can add those in the values section.

Following is an example to find the account has a contact or not-

"/query/?q=SELECT+Id,AccountId,Relationship_to_Member__c,FirstName,MiddleName,LastName,DOB__c,Gender__c,Mobile_Phone__c,App_Signature_Signs__c,X5_Year_Pre_ex__c,Dependent_Health_Completed_On__c,Dependent_Health_History__c,SSAN__c,Active__c+FROM+Contact+WHERE+AccountId+%3D+'0011N00001khhq3QAA'+AND+RecordTypeId+%3D+'012o0000000GpWD'+AND+Active__c+%3D+TRUE"

We are checking for these conditions
1. AccountId is correct
2. RecordTypeId is correct
3. Active__c is TRUE